

ARMOR OF GOD

prayer

BELT OF TRUTH

God, I pray that my family and I will put on the belt of truth today. I ask that Your truth would help identify the lies presented to us today, and protect us from those deceptions that would try to knock us off our feet.

BREASTPLATE OF RIGHTEOUSNESS

Thank you, God, that Jesus' righteousness conferred to us protects our hearts from the pain of living in such a dark world. We pray that the breastplate of righteousness would securely cover us throughout the day. Help us to love others well, and keep our hearts soft and pliable as we offer them back to You.

SHOES OF THE READINESS GIVEN BY THE GOSPEL OF PEACE

I ask that we would put on the shoes of the readiness given by the Gospel of peace. My prayer, God, is that everywhere we go, we would proclaim and radiate the peace those we encounter need today. May these shoes equip us with sure footing as we navigate the unpredictable and unreliable terrain of life.

SHIELD OF FAITH

Above all, please give us the grace to take up the shield of faith. My family and I are in a spiritual battle; we need Your protection from the flaming darts hurled at us. I'm thankful You've provided a safe refuge and that the object of our faith is firm and secure.

HELMET OF SALVATION

What a gift it is, God, to have available to us protection for our minds and thoughts. I pray that the helmet of salvation would guard my family against those things that would try to come up against our psychological, emotional, and intellectual health.

SWORD OF THE SPIRIT

It's Your word O God that causes the darkness to tremble. Thank You for providing a weapon for us to pierce that darkness as we proclaim the truth of Your word. I ask that we would rightly handle the sword of the Spirit for Your glory and our joy.



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prayer and application

Besides praying those powerful prayers, you may want to take a next step in "putting on" each piece of this "armor." There are many - and we will each have unique steps to take - so ask the Holy Spirit to reveal them to you. But here are some ideas to get you started!

BELT OF TRUTH

I am currently believing this lie:

I am replacing it with this Biblical truth:

BREASTPLATE OF RIGHTEOUSNESS

I have been hurt by:

I'm choosing to forgive and pray the Lord would heal my heart.

SHOES OF THE READINESS GIVEN BY THE GOSPEL OF PEACE

God is calling me to be a peacemaker in this sphere of influence:

I commit to using my words to speak peace in this way:

SHIELD OF FAITH

I lay down these "shields" I've used to try and protect myself:

I pause and rest behind Your shield of protection in this way:

HELMET OF SALVATION

I will hold every thought captive by meditating on this verse:

(2 Corinthians 10:5, Philippians 4:6,7 are good options)

SWORD OF THE SPIRIT

I pray this verse over myself, family, church, etc:

I will commit it to memory this summer.

